



MARKET HALL LUNCH

A flexible, individual and inspiring lunch experience every day

Bowls

- Baba Ganoush with pointed cabbage, spinach, bulgur, bell pepper, artichoke, grated zucchini, grated beetroot, celery, and parsley (1,8,9,10,13,15). Served with oil-vinegar dressing (13,15).
- Baked cauliflower with sesame, chickpeas, black quinoa, grated beetroot, grated carrot, grated zucchini, nuts, chervil, chives, and parsley (8,9). Served with goma dressing (1,4,7,8).
- Hummus with pointed cabbage, spinach, bulgur, edamame beans, grated carrot, artichoke, semi-dried tomatoes, and mint (1,7,8,13,15). Served with goma dressing (1,4,7,8).
- Organic egg en cocotte with tomato and mozzarella. Salad, artichoke, tomato, bell pepper, grated carrot, grated zucchini, spring onions, and salad cheese (2,6,13,15). Served with parmesan dressing (2,6,11,13,15).
- Pulled baked salmon with herbs, salad, grated carrot, grated beetroot, peas, cauliflower, and watercress (3). Served with herb cream (2,6/lactose-free,11,13,15).
- Spiced chicken with chickpeas, black quinoa, pointed cabbage, spinach, grated carrot, spring onions, chervil, chives, and parsley (13,15). Served with soy dressing (1,7,11).
- Italian ham with pasta, salad, peas, corn, grated carrot, spring onions, chives, and cress (1). Served with Thousand Island dressing (1,2,6,11,13,15).
- Beef flank steak with wasabi, pointed cabbage, spinach, pasta, grated beetroot, peas, spring onions, parsley, and cress (1,2,6,7,11,15). Served with parmesan dressing (2,6,11,13,15).

Tapas

- Italian salami, Serrano ham, two types of cheese, and the kitchen's choice of spread. Served with focaccia bread with olive oil and rosemary, as well as homemade crisp bread (1-15).

SYMBOL EXPLANATIONS

- Vegetarian
- Vegan
- Lactose free
- Gluten free
- Optionel gluten-free bread
- No consideration
- (⁰) Allergens



JESPERS TORVEKØKKEN

Open-Faced Sandwiches, 2 pcs.

Option to choose gluten-free rye bread for selected open-faced sandwich packages.

- Breaded celeriac with yuzu mayonnaise, yellow onions, and herbs. Pumpkin spread with fried mushrooms, roasted nuts, and crispy kale (1,2,9,10,11,13),
- Pumpkin spread with fried mushrooms, roasted nuts, and crispy kale. Potato with herb cream, fried celery, pickled onions, and cress ((1),6/lactose-free,9,10,13),
- Baked tomato with San Marzano tomato, pickled red onions, herbs, and tomato cream. Potato with herb cream, fried celery, pickled onions, and cress ((1),6/lactose-free, 10,11,13,15),
- Egg & shrimp with lime mayonnaise, San Marzano tomato, and herbs. Fish fillet, remoulade, lemon, and herbs (1,2,3,5,11,13),
- 'Skagen salad' with radishes and herbs. Soft-boiled egg with herb cream, tomato, crispy kale, and herbs ((1),2,5,6,11,13,15),
- Fish fillet with shrimp, lemon, and dill mayonnaise. Chicken salad with bacon, tomato, and herbs (1,2,3,5,6,11,13),
- Chicken salad with bacon, tomato, and herbs. Meatball with remoulade, pickled cucumbers, and red cabbage ((1),2,6,11,13),
- Fine ham salad garnished with herbs. Roast beef with bearnaise mayonnaise, fried celery, and tomato ((1),2,6,10,11,13),
- Roast beef with remoulade, pickled cucumbers, fried onions, and horseradish. Pork loin with red cabbage, pickled cucumbers, pork cracklings, and mustard mayonnaise (1,2,6,9,11,13),
- Sausage roll with pickled mustard jelly, horseradish cream, and red onions. Roast beef with bearnaise mayonnaise, fried celery, and tomato ((1),2,10,11,13),

Sandwiches

Choose between three types of bread. (Light, dark, or gluten-free bread)

- Hummus with zucchini and sandwich garnish ((1),8,11,13,15),
- Eggplant and butterbean spread with beetroot, nuts, pointed cabbage, and spinach ((1),8,9,13,15),
- Mammen cheese 'Omsorg' with onion relish and sandwich garnish with mustard mayonnaise ((1),2,6,11,13,15),
- Cold-smoked salmon mousse with sandwich garnish ((1),3,6,13,15),
- Tuna salad with herbs and sandwich garnish ((1),2,3,6,11,13,15),
- Chicken with curry dressing, onion relish, cornichons, bell pepper, pointed cabbage, and spinach ((1),2,6,11,13,15),
- Chicken and bacon with curry dressing, onion relish, cornichons, bell pepper, pointed cabbage, and spinach ((1),2,6,11,13,15),
- Ham and cheese with semi-dried tomatoes, cornichons, bell pepper, pointed cabbage, spinach, and mustard mayonnaise ((1),2,6,11,13,15),
- Turkey chorizo with parmesan dressing and sandwich garnish ((1),2,6,11,13,15),
- Roast beef with fried jalapenos and sandwich garnishes with herb dressing ((1),2,6/lactose-free,11,13,15),

WARM PORTIONS DISH

You can also choose one of our warm portions dish. Choose from our favourite, vegetarian, vegan, gluten/lactose free and halal menu.

INCLUDED

Cake every thursday

Portions dish

Order from day to day

From only 1 person

Free of choice



SANDWICH GARNISH CONSISTS OF:

Artichoke,
cornichons,
semi-dried tomatoes,
green pepper,
broadleaf parsley,
pointed cabbage
and spinach.

CONTACT US

Do you have further questions,
please contact us on:
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All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.